

Place	Time	Race No.	First Name	Last Name	Gender	Club
1	0:37'39.24	74	Mark	Popple	M	
2	0:39'06.39	29	Christopher	Limmer	M	Grantham Running Club
3	0:41'15.05	73	James	McCrae	M	
4	0:42'24.89	22	Ryan	Henry	M	
5	0:42'36.02	48	Ewan	Rodell	M	Grantham Athletics Club
6	0:44'02.49	9	Sam	Clark	M	Grantham Running Club
7	0:44'11.14	32	Russell	Love	M	GRC
8	0:45'33.45	72	Michael	Johnson	M	
9	0:46'02.08	53	Ian	Rule	M	
10	0:46'20.64	50	Rori	Rodell	M	Grantham Athletics Club
11	0:46'43.05	35	Edward	McDonald	M	
12	0:48'17.02	71	Philip	Galpin	M	
13	0:49'08.70	6	Shaza	Brannon	F	Rutland Running & Triathlon Cl
14	0:50'43.92	39	Jason	Murray	M	
15	0:50'57.99	30	Kevin	Loomes	M	C B A
16	0:51'02.42	49	Martin	Rodell	M	Grantham Running Club
17	0:51'36.27	67	Dan	Whiter	M	PACTRAC
18	0:51'42.24	47	Philip	Roberts	M	Bourne4Running
19	0:51'48.86	28	Alastair	Kerr	M	Rutland Running and Triathlon Club
20	0:51'54.17	16	Andy	Ebdon	M	
21	0:52'54.70	18	Robert	Golland	M	
22	0:53'53.05	70	Ian	Hempsell	M	Stamford Striders
23	0:53'56.49	58	Neil	Stacey	M	
24	0:53'57.99	38	Carol	Murray	F	
25	0:54'36.52	68	Clive	Wilkinson	M	
26	0:54'37.21	19	Dave	Greasley	M	
27	0:55'12.74	42	Mick	Piper	M	
28	0:55'23.64	14	Jessica	Dobson	F	smalley road runners
29	0:55'39.74	8	Martin	Carter	M	Grantham Running Club
30	0:55'43.36	2	John	Armstrong	M	
31	0:55'58.02	44	Dan	Renno	M	
32	0:56'01.86	45	Michelle	Renno	F	
33	0:56'07.92	25	Victoria	Jackson	F	
34	0:57'02.55	57	Yvonne	Spencer	F	
35	0:57'36.24	4	Dan	Bland	M	Belvoir Tri Club

36	0:58'12.27	66 Peter	Watson	M	
37	0:58'22.52	21 Amanda	Hannah	F	
38	0:58'27.05	40 Raynor	Nieuwenhuizen	F	Lincs Ladies
39	0:59'38.99	60 Joseph	Thorpe	M	Sleaford striders
40	0:59'39.36	61 Paul	Thorpe	M	tri3 sleaford
41	0:59'48.36	51 Paul	Rogerson	M	Rutland Running & Triathlon Clu
42	1:00'05.14	69 Sandra	Yates	F	Lincs Ladies
43	1:00'21.99	10 Louise	Clipsham	F	
44	1:00'40.36	46 Suzanne	Rex	F	
45	1:00'44.52	15 Isobel	Dunn	F	
46	1:01'02.39	64 Megan	Turner	F	Sawtry Walk to Run
47	1:01'15.39	34 Anna	Martin	F	
48	1:02'18.89	13 Russell	Coughlan	M	
49	1:02'47.64	37 Sarak	McWhan	F	Rutland running club
50	1:02'57.86	56 Virginia	Smith	F	Lincs Ladies
51	1:03'14.11	63 Dale	Towning	M	Grantham Running Club
52	1:03'42.02	65 Niamh	Tye	F	
53	1:04'57.39	59 Lisa	Staite	F	
54	1:05'23.33	3 Sarah	Beaudoin	F	
55	1:05'24.11	31 Nikki	Loomes	F	Rutland Running & Tri Club
56	1:06'03.17	36 Amber	McNaughton	F	
57	1:07'20.45	52 Howard	Rudder	M	Grantham Running Club
58	1:07'33.24	12 Mike	Connor	M	Werrington Joggers
59	1:10'04.11	33 Patrick	Lyons	M	Susan McFarland-Lyons
60	1:12'29.24	23 Nick	Herd	M	
61	1:13'21.02	41 Carole	Parker	F	lonely goat running club
62	1:14'24.95	24 Clive	Holden	M	Sleaford striders
63	1:15'20.11	27 Reachel	Kenny	F	SWTR
64	1:17'14.08	17 Samantha	French	F	Grantham Running Club
65	1:22'17.24	7 Emma	Brown	F	Lonley goat running club